



ATHLETICS WEST

LITTLE ATHLETICS

FAMILY FUN FITNESS



Little Athletics is an Australian modified athletics program for children from 5 to 16 years of age. Offering a wide range of events from running, jumping, throwing and walking, events are modified to suit the age, development stage and ability of the child. Little Athletics provides skills development & competition as a foundation for all sports.

For More Information Visit:

www.hwlac.com.au

www.facebook.com/hwlac



**TRAINING STARTS
18TH SEPTEMBER 2023**

TRAINING DAYS
Monday & Thursday
@ High Wycombe Primary

COMPETITION DAY
Saturday
@ Gerry Archer Belmont